

19 JUNE 2019

FIH group plc

("FIH" or "the Company")

Exercise of Options, Director/PDMR Shareholding and Total Voting Rights

FIH group plc, the AIM quoted international group which owns essential services businesses focused on retail, transport and logistics, announces that on 19 June 2019, it received a notice of exercise of option from Mr John Foster, Chief Executive of the Company. Such notice of exercise related to an option (the "Option") over 44,550 ordinary shares of £0.10 each in the Company ("Shares") under the terms of Part B of the Company's 2009 Executive Share Option Scheme.

The exercise price per Option was 290 pence and the aggregate total Option exercise price was £129,195. However, in accordance with the rules of the Option Scheme, sufficient Options were cancelled to settle the exercise price and the employee tax liabilities payable, in accordance with the rules of the Option Scheme.

As a result of the exercise of the Option, 2,006 Shares were issued to Mr John Foster on 19 June 2019 after accounting for deductions. The Shares issued pursuant to the Options exercise have already been admitted to trading on AIM ("Admission") under the Company's block listing.

Following this award, the underlying beneficial ownership of shares held by Mr. Foster including 1,375 matching shares from the Group's Share Incentive Plan, is 106,182 shares representing 0.85 per cent of the Company's 12,504,519 total voting rights. This figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, FIH under the FCA's Disclosure and Transparency Rules.

Enquiries:

FIH group plc John Foster, Chief Executive	Tel: 01279 461630
WH Ireland Ltd. - NOMAD and Broker to FIH Adrian Hadden / Jessica Cave / Lydia Zychowska	Tel: 0207 220 1666
FTI Consulting Alex Beagley / Eleanor Purdon	Tel: 020 3727 1000

NOTIFICATION AND PUBLIC DISCLOSURE OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	John Foster	
2	Reason for the notification		
a)	Position/status	Chief Executive, FIH group plc	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	FIH group plc	
b)	LEI	2138004AXCMSNLBSNB42	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary Shares of 10p each	
	Identification code	GB00BD0CWJ91	
b)	Nature of the transaction	Exercise of share options	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£3.16	2,006
d)	Aggregated information - Aggregated volume - Price	Exercise of 2,006 share options, with an exercise price of £2.90, exercised at a market price of £3.16 each, an aggregated price of £6,338.96.	
e)	Date of the transaction	19 June 2019	
f)	Place of the transaction	London Stock Exchange, AIM	